



The Catholic Communities of Grovely & Samford are invited to...

Walk to Mass

SUNDAY 16 SEPTEMBER

Get up early, smell the flowers, listen to the birds and stretch your legs as you walk to Mass on September 16! Meet up with friendly fellow parishioners along the way. Breathe deeply and give thanks for the world around you.



If you live a long distance from church (ie; +4km), try a **Park & Walk** option*.

Grovely parking points:
Kmart @ Arana Hills, 1.3km
Great Western Shopping Centre, 1.7km

Samford parking point:
John Scott Park, 0.8km

If you have no option but to drive, consider car-pooling. Is there another parishioner in your area who needs a lift? One less car makes a difference too!

*Distances shown are approximate

The car is a wonderful invention, but it is also a big polluter. Per capita, Australia has the highest greenhouse gas emission levels in the developed world. By choosing to walk, cycle or use public transport instead of drive to our destinations, we can help reduce our emissions and become healthier and happier people too!